# GREENA

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#### Debunking **Heat Pump** Myths in Pre-1919 Homes

With Barry Sharp, Renewable Heat

Wednesday 14 August @ **11**.00am















#### Introduction



- What we mean by Pre 1919 Homes
- Why it's more of a problem for Scotland
- Why is it perceived to be bad
- How we are getting it wrong
- Why its isn't actually a problem and we should just really get on with.
- We are going also Chat to Bruce who lives in semi-detached pre 1919 house and has had a heat pump for 5 years about his experiences



#### Introduction



- Trading for nearly 10 years, but designing, installing and maintaining heat pump systems for over 20 year
- Designed & Installed over 1000 heat pumps
- 20 directly employed staff
- Including 5 apprentices











#### What is pre-1919?



The definition as per a google search!

Traditional buildings are usually defined as those constructed before 1919 using solid wall construction methods and materials, including wood and stone. Construction changed rapidly after this time as new materials and faster methods of construction were introduced.

In Edinburgh we may refer to them as Georgian or Victorian homes









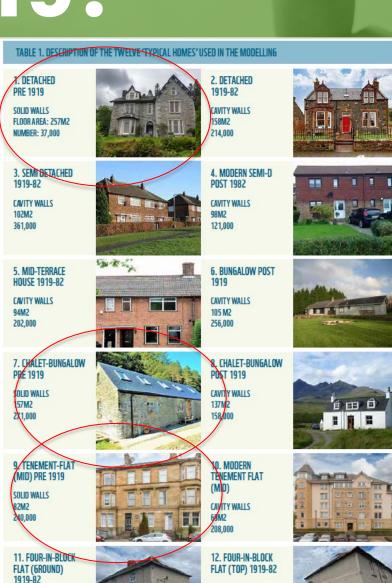
#### What is pre-1919?





#### 7. DETACHED PRE 1919 SOLID WALLS 1919-82 CAVITY WALLS 102M2 361,000 CAVITY WALLS 202,000 PRE 1919 OLID WALLS 157M2 SOLID WALLS 240,000

**CAVITY WALLS** 213,000



CAVITY WALLS

## What is pre-1919?



#### SCOTTISH HOUSING FACTS

Total Scottish homes: 2,496,000

Detached - 576,000 (built pre-1919 = 122,000)

Semi-detached **494,000** (built pre-1919 =52,000)

Terraced **525,000** (built pre-1919 =64,000)

Tenement **587,000** (built pre-1919 = 184,000)

Other flats 315,000 (built pre-1919 = 58,000)

Pre-1919 total: 479,000

1919-44: 273,000

1945-64: 518,000

1965-82: 548,000

Since 1982: 677,000

Source: Scottish government, 2019

19.19% of Scottish homes







## **Bad Perceptions**





- No insulation
- Big draughty windows
- · Cold
- Open fireplaces
- Hard to heat





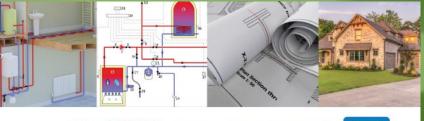








#### kW is a kW













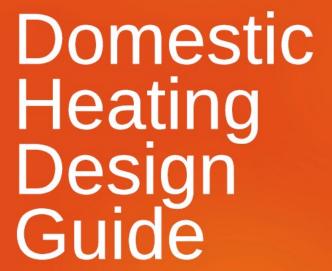












Version 2020-01













#### Dalrymple Crescent





- 4-bedroom, 3 Public rooms
- 172m2, c. 1860
- 19.1kW (as per CIBSE)
- Not suitable for a heat pump
- (For refence, roughly speaking, the maximum we can do with one heat pump on single phase is 12kW~)



#### Why do I believe this is wrong?

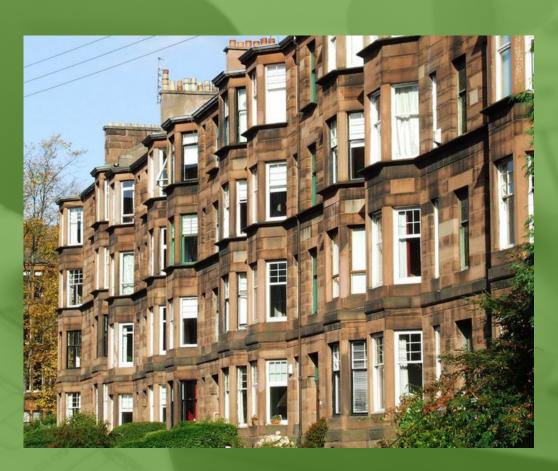












600mm thick sandstone walls



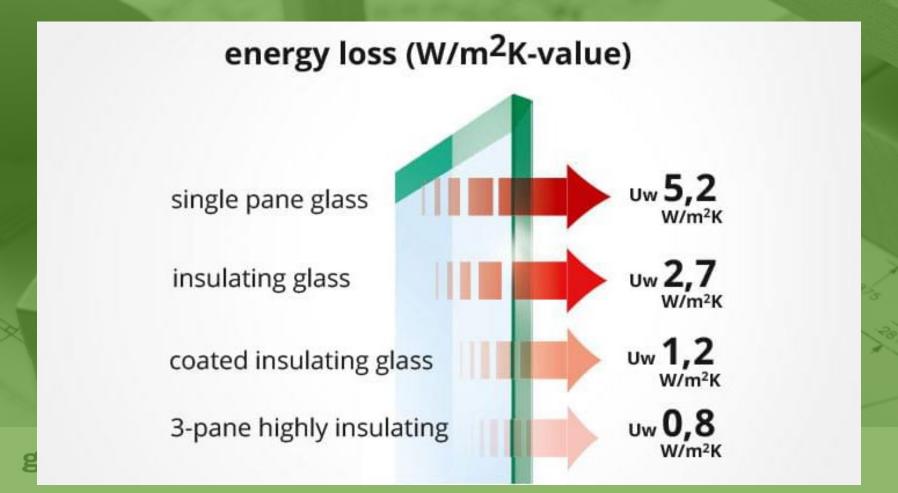








U Value measures the rate of heat transfer through a specific material (roof, walls, door, window, etc)







EXTERNA	AL WALLS	U-value W/m <sup>2</sup> K					
Solid brick	wall, dense plaster						
$\square$	Brick 102 mm, plaster	2.	97				
	Brick 228 mm, plaster	2.	11				
	Brick 343 mm, plaster	1.	1.64				
Solid stone	wall, unplastered						
F	Stone 305mm (12in)	2.	.78				
	Stone 457mm (18in)	2.23					
	Stone 610mm (24in)	1.68					
Solid conci	rete wall, dense plaster						
[0 0]	Concrete 102mm, plaster	3.	51				
	Concrete 152mm, plaster	3.12					
	Concrete 204mm, plaster	2.80					
1.00	Concrete 254 mm, plaster	2.54					
Cavity wal	l, (Open cavity or mineral wool slab), lightweight	Open Cavity	Mineral Wool Slab				

Property assumed U Values	Ground Floo	or	Mid-floor	Upper Floor	Single Storey				
Mid-Floor	U' Value		Const						
Floor	0.32	Intermedia	te floors, boarding 19mm, airspace 100m	m insulation between joists, 9.5mr	n plasterboard heat flow upward				
Windows	1.60		Wood/PVC Double	Glazed, low-E glass, argon filled					
Door	3.00		solid v	vood door (external)					
External Wall	( 1.86 )	Stone 610mm (24in)							
Ceiling	0.32	Intermediate floors, boarding 19mm, airspace 100mm insulation between joists, 9.5mm plasterboard heat flow upward							
Pitched Roof	0.12	Pitcl	hed roof - Slates or tiles, , ventilated air sp	ace, 300mm insulation between jo	ists, 9.5 mm plasterboard				
Internal Wall	0.00								
Party Wall	0.50								
Roof Glazing	0.00								
Unner-Floor	II' Value		Const	ruction					







**Technical Conservation Group** 

#### Technical Paper

In situ U-value measurments in traditional buildings – preliminary results

Prepared for Historic Scotland



#### Lauriston Place, Edinburgh

19<sup>th</sup> Century tenement Stone - Craigleith

Five measurement locations with various wall finishes and thicknesses.

Additional test on basement floor

Figure 8: Lauriston Place Front elevation (S), ground floor.

Wall thickness: 600mm External face: Ashlar

Internal face: lath and plaster









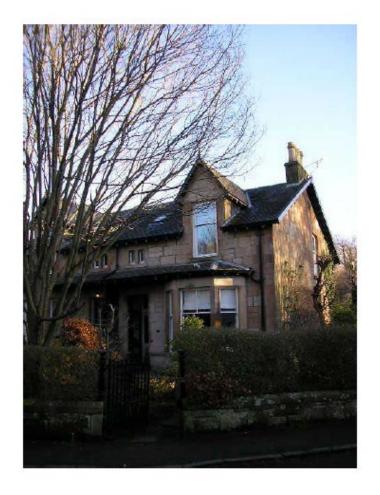


#### 4 The buildings

Figure 6: Victorian Villa, Cathcart, Glasgow

N-W facing bedroom Blonde sandstone Wall thickness: 600mm External face: rubble

Internal face: lath and plaster

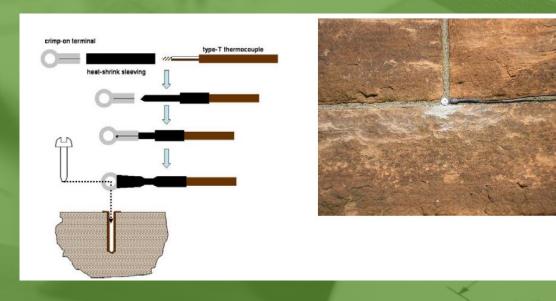






















Thus far, indicative U-values for 600mm masonry walls are as follows:

- Wall plastered on the hard: 1.5 ±0.4 W/m<sup>2</sup>K
- Wall with lath and plaster: 1.0 ±0.3 W/m<sup>2</sup>K
- Wall with plasterboard: 0.9 ±0.1 W/m²K







#### Dalrymple Crescent





- 172m2, c. 1860
- 4-bedroom, 3 Public rooms
- 19.1kW (as per CIBSE)
- 15.1kW (Walls corrected)
- Still not suitable for a heat pump





## Domestic Heating Design Guide

Version 2020-01

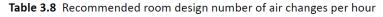












Room	Category			Room	Category			
	Α	В С			АВ		С	
Lounge/sitting room	1.5 <sup>†</sup>	1.0 <sup>†</sup>	0.5	Games room	1.5	1.0	0.5	
Living room	1.5 <sup>†</sup>	1.0 <sup>†</sup>	0.5	Bedroom	1.0	1.0	0.5	
Breakfast room	1.5	1.0	0.5	Bedsitting room	1.5	1.0	0.5	
Dining room 1.5 1.0 0.5		Bedroom, including en suite bathroom	2.0	1.5	1.0			
Kitchen	2.0*	1.5*	0.5*	Internal room or corridor	0.0	0.0	0.0	
Family/breakfast room	2.0*	1.5*	0.5*	Bedroom/study	1.5	1.5	0.5	
Hall	2.0	1.0	0.5	Landing	2.0	1.0	0.5	
Cloakroom/WC	2.0*	1.5*	1.5*	Bathroom	3.0*	1.5*	0.5*	
Toilet	3.0*	1.5*	1.5*	Shower room	3.0*	1.5*	0.5*	
Utility room	3.0*	2.0*	0.5*	Dressing room	1.5	1.0	0.5	
Study	1.5	1.5	0.5	Store room	1.0	0.5	0.5	



#### Note:

Category A: Air change rates for older existing buildings (pre-2000). Those with several chimneys and/or subject to preservation orders may require greater infiltration allowance than shown above.

Category B: Air change rates for modern buildings (2000 or later) with double glazing and regulatory minimum insulation.

Category C: New (or existing) buildings constructed after 2006 and complying with all current building regulations.















SUPPORTING ENERGY **CONSCIOUS HOME IMPROVEMENT IN** GLASGOW

We're building a novel community-based approach to home energy decarbonisation. We aim to reduce the hassle of maintaining and improving homes while incorporating energy efficiency and decarbonisation measures.



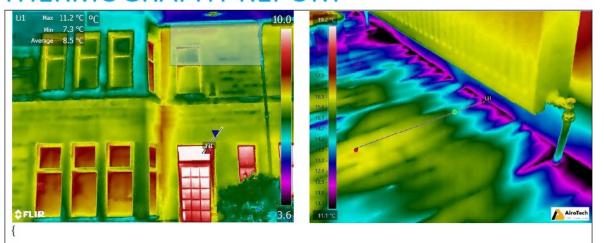
We're a co-operative and we're keen to have the involvement of







#### THERMOGRAPHY REPORT

















Air tightness testing, also known as an air leakage, air infiltration or air permeability testing is a test to indicate the cubic metres of air leakage per hour per square metre of external area of the building -(m3/hr. m2) - as per Part L of **Building Regulations.** 









To convert the n50 number to Air Changes Per Hour roughly divide by 19 or 20

= 15.45 / 20 = 0.77ACH

	Air leakage rate at 0 Pa, q <sub>0</sub> , [m <sup>3</sup> /h]		
	Specific leakage rate (envelope) at 50 Pa, $q_{ESO}$ , [m³/h/m²]	15.45	
	Specific leakage rate (floor) at 50 Pa, $q_{F50}$ , [m <sup>3</sup> /h/m <sup>2</sup> ]	36.05	
74 700	Effective leaders are at EO De Eff & Com21	4205	







Table 3.8 Recommended room design number of air changes per hour

Room	Category	,		Room	Category			
	А	В	С		A	В	С	
Lounge/sitting room	1.5 <sup>†</sup>	1.0 <sup>†</sup>	0.5	Games room	1.5	1.0	0.5	
Living room	1.5 <sup>†</sup>	1.0 <sup>†</sup>	0.5	Bedroom	1.0	1.0	0.5	
Breakfast room	1.5	1.0	0.5	Bedsitting room	1.5	1.0	0.5	
Dining room	1.5	1.0	0.5	Bedroom, including en suite bathroom	2.0	1.5	1.0	
Kitchen	2.0*	1.5*	0.5*	Internal room or corridor	0.0	0.0	0.0	
Family/breakfast room	2.0*	1.5*	0.5*	Bedroom/study	1.5	1.5	0.5	
Hall	2.0	1.0	0.5	Landing	2.0	1.0	0.5	
Cloakroom/WC	2.0*	1.5*	1.5*	Bathroom	3.0*	1.5*	0.5*	
Toilet	3.0*	1.5*	1.5*	Shower room	3.0*	1.5*	0.5*	
Utility room	3.0*	2.0*	0.5*	Dressing room	1.5	1.0	0.5	
Study	1.5	1.5	0.5	Store room	1.0	0.5	0.5	







#### Dalrymple Crescent





- 4-bedroom, 3 Public rooms
- 172m2, c. 1860
- 19.1kW (as per CIBSE)
- 15.1kW (U Value Walls corrected)
- 13.1kW (Ventilation rate corrected)
- Almost suitable for a heat pump

## Multiplying Margins



- Heat loss calculators were design for gas boilers
  - Gas was design for intermitting heating (on/off) so to allow for cold start 20% was added to the heat loss
- Ventilation loss are a factor of the total heat loss

 By using the wrong numbers at the start, we multiply out the error in the ventilation calculation. Twice.

#### Dalrymple Crescent





- 4-bedroom, 3 Public rooms
- 172m2, c. 1860
- + 19.1kW (as per CIBSE)
- + 15.1kW (U Value Walls corrected)
- 13.1kW (Ventilation rate corrected)
- 11.6kW (Removing margins and uplift)

#### The Proof











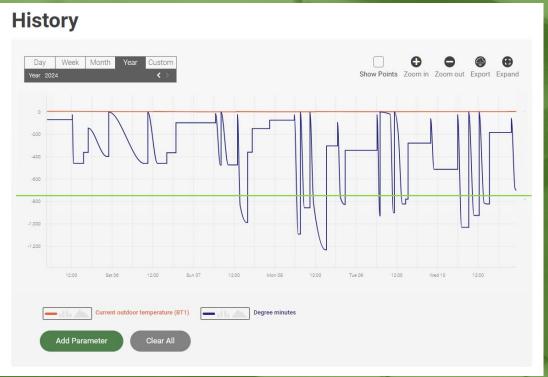




#### The disclaimer...











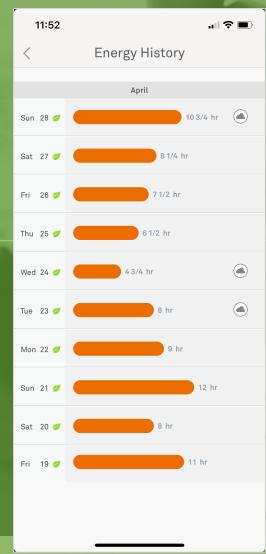




## The disclaimer...







greenhomefestival.co.uk







#GHF24

#### Cardross, Dumbarton







#### Cardross, Dumbarton



**HeatpumpMonitor.org** An open source initiative to share and compare heat pump performance data.





Here you can see a variety of installations monitored with OpenEnergyMonitor, and compare detailed statistics to see how performance can vary.

If you're monitoring a heat pump with  $\pmb{Emoncms}$  and the MyHeatPump app,  $\underline{login}$  to add your system.

To join in with discussion of the results, or for support please use the OpenEnergyMonitor community forum.

Stats time period	Last 90 days		Ŀ
Filter	Min days	72	

Top of the SCOPs	
£ Costs	
Add fields	+
Show systems with	
✓ MID metering	(125)
Other metering	(26)
Other metering  Metering errors	(26)
	. ,

Location	Installer	Training	Source	Make & Model	Rating	Data length	СОР↓	DHW	Нх	MID		View
Sheffield	Damon Blakemore	٠	Air	Viessmann Vitocal 150A	10 kW	90 days	5.3		H4	<b>V</b>	B	
Bristol	Rickman Heat	۵	Air	Nibe F2050	9 kW				НЗ			
Aylesbury	Custom Renewables	۵	Air	Viessmann Vitocal 150A	16 kW	90 days	5.0		H4	<b>V</b>		
Cambridgeshire	TS		Air	Grant Aerona 3	13 kW		4.9	4.1	H2			
Cairngorms National Park, Scotland	Tony Lake		Air	Panasonic J Series	7 kW	84 days	4.9	3.7	H4	<b>V</b>		
Hitchin, Hertfordshire	Libtek	ᢤ ₩	Air	Vaillant Arotherm+	5 kW	83 days	4.8		H4			
Market Drayton, Shropshire			Air	Samsung Gen 6	8 kW	90 days	4.8	2.5	H4	<b>V</b>		
Aberdeenshire	Aberdeen Air Source Heating Ltd.		Air	Vaillant Arotherm+	10 kW	90 days	4.7		H4			
Gwynedd	Bespoke Energy Solutions		Air	Vaillant Arotherm+	10 kW	85 days	4.7		H4	<b>V</b>		
Leicester	Jason Holme	٠	Air	Vaillant Arotherm+	5 kW	90 days	4.7		H4			
Foveran, Aberdeenshire	Aberdeen Air Source Heating Ltd		Air	Vaillant Arotherm+	12 kW	90 days	4.6	3.5	H4			
Cadross, Dumbarton	♠ Renewable Heat	<b>♦</b> ₩	Air	Nibe S2050	10 kW	89 days	4.6		H4		В	
Mouland Pombrokochina	Mark Kagad Arnold (salf install)		Air	Sameuna Gon 6	5 1/1/1/	96 days	4.5		uэ			



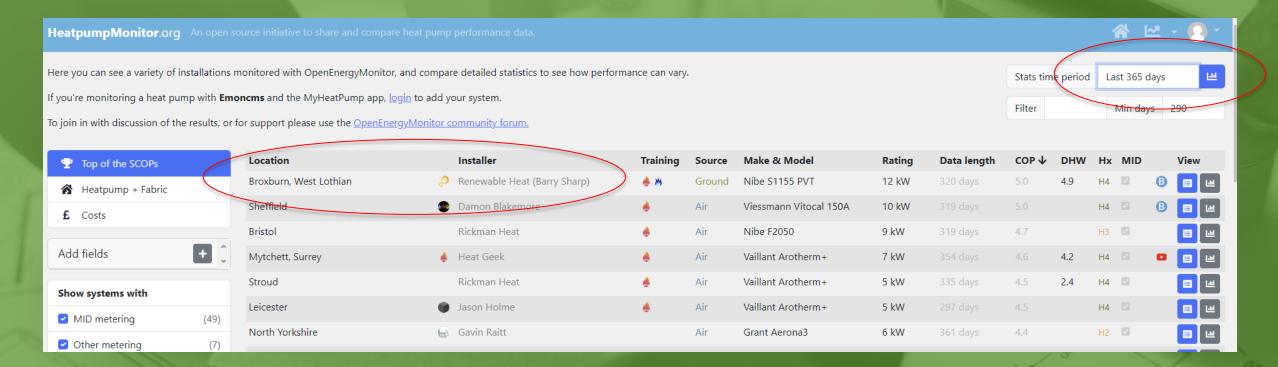






# Bragging rights.







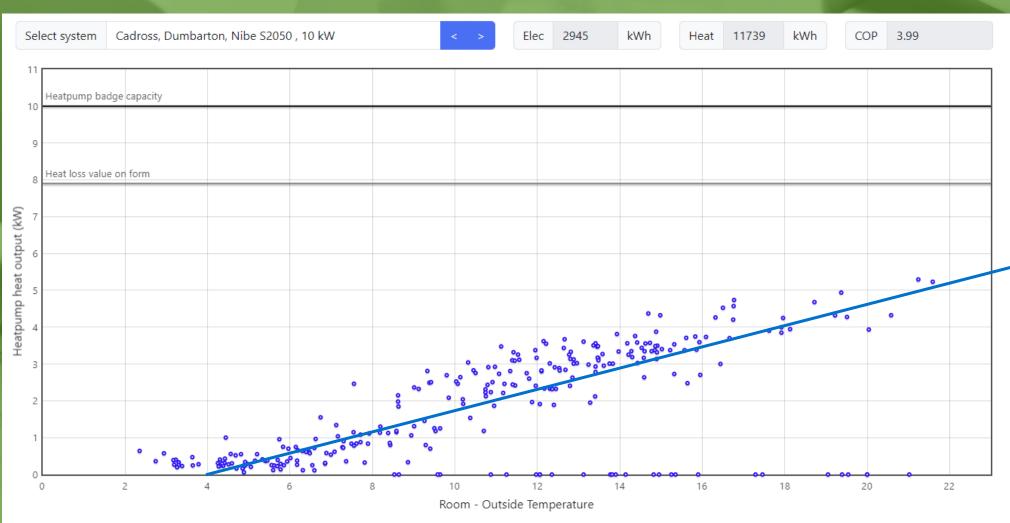






### Cardross, Dumbarton





# It's not just old homes...

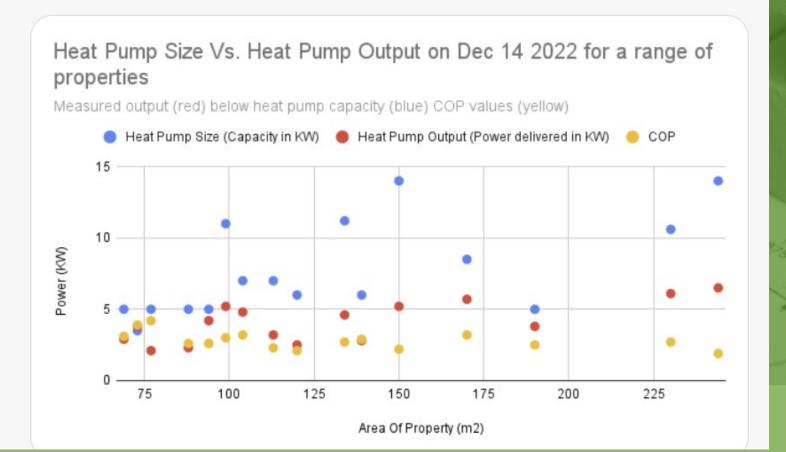




The Suburban Pirate @suburbanpirate · Jul 20, 2023

Replying to @suburbanpirate and @Openenergymon

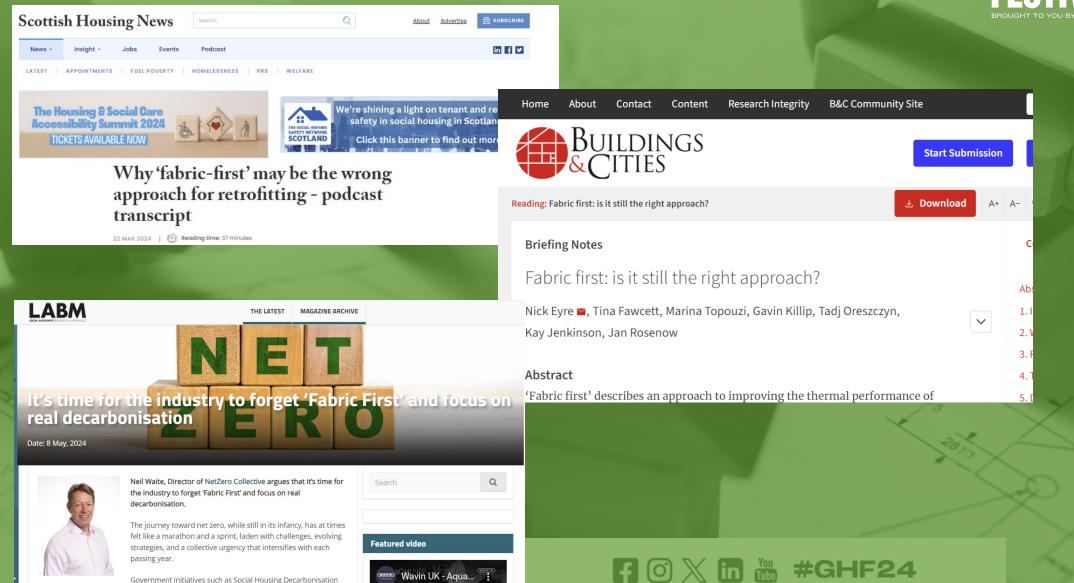
I added COP values on. Notice that COP is fairly flat with a slight uptick in the small heat pump cluster on the left.





### Fabric First?







### Fabric Fifth













#### Fabric First Fifth

#### Fabric Fifth...



Nigel Banks

🚑 Technical Director - Zero Bills & Low Carbon Homes





November 8, 2023

We need to rapidly reduce emissions, lower energy bills as well as deliver comfortable and healthy homes, so where should we be prioritising spending our money in the UK?

The housing industry mantra has been "Fabric First" for decades, but for the next few decades, I (and many experts I speak to) now think most funds need to be reprioritised. Here are the list of measures that move "major fabric improvements" down to fifth place (in most homes):











### Fabric 5th



#### **BetaTalk - The Renewable Energy** and Low Carbon Heating Podcast

Fabric Fifth - has SHDF Mismanagement Wasted Tax Payers Money?

NATHAN GAMBLING BETATEACH SEASON 9



00:00:00 | 01:08:46

### Fabric 5th



- 1. ASHP ASAP
- 2. Get Smart
- 3. Get Comfy and Measure
- 4. Solar and Storage
- 5. Fabric







# Green Homes Festival's Fabric 5<sup>th</sup> Approach



- 3. Get Comfy and Measure
- 2. Get Smart
- 1. ASHP ASAP
- 4. Solar and Storage
- 5. Fabric

# 43 Slides to make one point



- Old homes are not hard to heat as long as you tackle the low hanging fruit
  - Upgrade the window (if they are single glazed)
  - Draft proof the house
  - Insulated the loft
- We are probably overestimating the heat requirements of most homes





# Elephants in Tenement Flats



#### SCOTTISH HOUSING FACTS

Total Scottish homes: 2,496,000

Detached - **576,000** (built pre-1919 = 122,000)

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Pre-1919 total: 479,000

1919-44: 273,000

1945-64: 518,000

1965-82: 548,000

Since 1982: 677,000

Source: Scottish government, 2019

35% of Scottish housing stock is Tenement or Flat

9.7% of Scottish housing stock is Tenement or Flat (pre-1919)





# Elephants in Tenement Flats GREEN



Tenement flats are not hard to heat, just hard to heat without gas.





# Elephants in Tenement Flats #6



Heat pumps might not be the solution, where do you fit the outdoor unit?

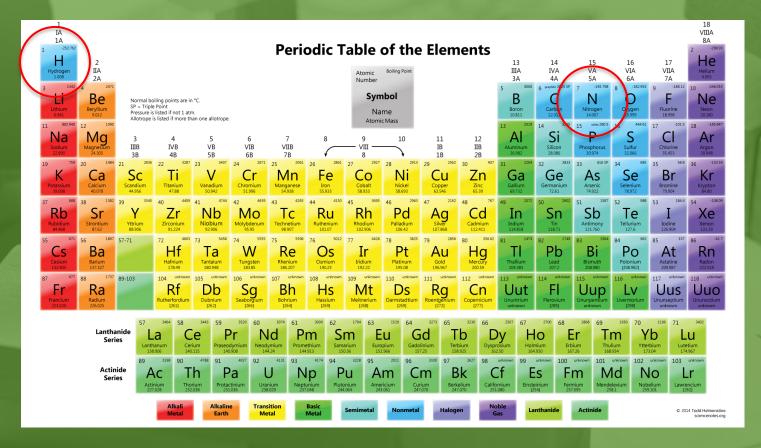
- The garden is communal
- They are too heavy to hang off walls at height
- Planning, building control
- On the roof? But who owns the roof?



# Elephants in Tenement Flats GREE



#### Hydrogen?











# Elephants in Tenement Flats GREEN



#### **Heat Network?**













# Elephants in Tenement Flats GREE HOI



#### Heat Network with a heat pump?

Table 1: Classification of heat networks, adapted from [1].

Network type	Temperatures supply/return	Features
Ice network	0 °C / 12 °C	little widespread, more efficient than conventional cooling network
Cooling network	6 °C / 12 °C	large volume flows
Source network	6 °C - 15 °C / 3 °C - 6 °C	"classic" <b>5GDHC network</b> , little heat losses (but heat gains!)
Alternating-warm heat network	25 °C - 45 °C / 10 °C - 25 °C	is operated in winter as a normal heat network, in summer also cold supply
Low-temperature heat network (4th generation district heating)	70 °C - 90 °C / 50 °C - 70 °C	often in combination with solar thermal or central heat pump, "modern" heat network
High-temperature heat network (3rd generation district heating)	> 100 °C	currently (still) most widespread type of heat network, inefficient, difficult to decarbonize
Steam network (1st generation district heating)	< 200 °C	obsolete technology, but still in use in some cases, inefficient

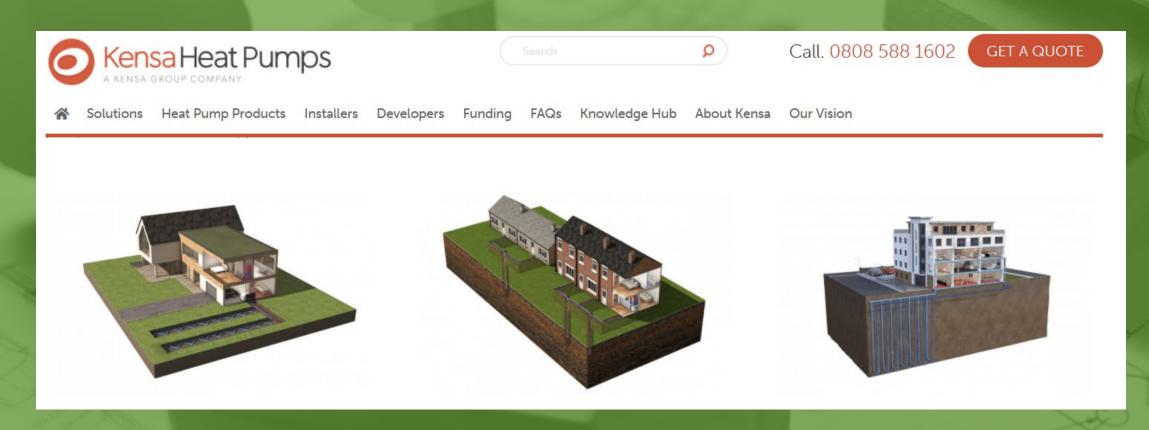




# Elephants in Tenement Flats GREE



Heat Network with a heat pump?









# Elephants in Tenement Flats GREE

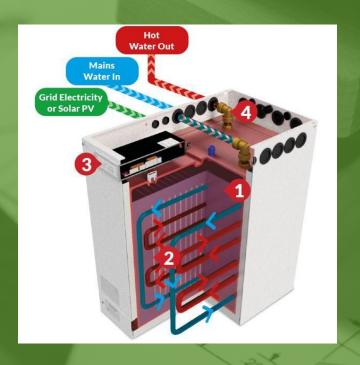


**Storage Heaters / SunAmp?** 

Failures in the past because of;

- Uncontrollable heat
- Running cost







# Elephants in Tenement Flats GREEN



Solar power + Add to myFT

# Global glut turns solar panels into garden fencing option

Europeans find alternative location for cheap green technology with cost of rooftop installation so high











### Dalrymple Crescent

# GREEN HOME HOME FESTIVAL BROUGHT TO YOU BY THE CON

#### **Bruce Crawford**







### Dalrymple Crescent















### Dalrymple Crescent









### **Any Questions?**